

Health investment

Health investment benefits

Management issues that we want to resolve through health and productivity management

- Health investment for various benefits
- Enhancement of promotion system
- Visualization of health issues
- Visualization of health investment

Increase in number of industrial health staff

Holding of milestone interviews

Implementation of education & training

Promotion of mental & physical health on a monthly basis while working from home

Increase in the scope of sports gym subsidies & online use

Development of a health portal

Specific health guidance rate of 50% or more

Improved rate of secondary health checkups

Satisfaction questionnaire

Participation rate of various events & seminars

Sports gym usage rate

Participation rate for walking before, during and after work

Improved health literacy

Decreased smoking rate
Reduced number of cigarettes smoked

Appropriate weight maintenance rate of 90% or more

Regular exercise rate of 50% or more

Improved sleep quality
Decreased percentage of employees who do not get enough rest form sleep

Improved eating habits
Decreased percentage of employees with inappropriate eating habits

Reduced percentage of highly -stressed people
Reduced number of mental leave days

Reduced absenteeism

Improved presenteeism

Improved work engagement

Realization of wellness

Continued Oyakudachi
Balance between the richness of everyday life & the resolution of societal issues through Mandom's unique business concept of Health, Cleanliness, Beauty and Fun, in which we position Health, Cleanliness & Beauty as elements of the fundamental concept of Fun to remind ourselves to adopt a playful and lighthearted approach to business in this domain.

Happy individuals make a happy company

Work style reform